



Wednesday 21st October 2020

Dear Parent/Carer,

FOR PARENTS OF YEAR 10 STUDENTS WHO HAVE BEEN RECOGNISED AS CONTACTS OF CONFIRMED CASE OF COVID 19 AT KNBS.

Advice for your son to Self-Isolate

We have, today, been made aware that we have had a confirmed case of COVID-19 within the school community, affecting our Year 10.

We have been in contact with Public Health England and followed the national guidance, this has resulted in your son being identified as a "contact" with the affected child. This maybe a close contact or a proximity contact. In line with that national guidance we recommend that your child now stay at home and self-isolate. Your son's isolation should last until Thursday 30th October 2020. **(14 days after contact)**. Your son is expected to return to school on Monday 2nd November 2020.

You are asked to do this to limit the risk of transmission and reduce the further spread of COVID 19 to others in the community. If your son is well at the end of this period of self-isolation, then they can return to usual activities.

Other members of your household can continue normal activities provided your child does not develop symptoms within this self-isolation period. Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'. The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community. If you are able to, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19.

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Remote Learning

This will now be delivered on Thursday 21st and Friday 22nd remotely as per our policy. A copy is attached.

Yours sincerely,



D Clayton
Headteacher

Headteacher: Mr D Clayton

King's Norton Boys' School, Northfield Road, Birmingham B30 1DY

T 0121 628 0010 | F 0121 628 0080 | enquiry@knbs.co.uk | www.knbs.co.uk